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- 1** Effect of a 2-hour interval between dinner and bedtime on glycated haemoglobin levels in middle-aged and elderly Japanese people: a longitudinal analysis of 3-year health check-up data  
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- 11** Misclassification of coffee consumption data and the development of a standardised coffee unit measure  
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- 20** Prevalence of non-communicable diseases by age, gender and nationality in publicly funded primary care settings in Qatar  
*M A Syed, A S Alnuaimi, A J Zainel, H A AlQotba*



- 30** Parity and the use of folic acid supplementation during pregnancy  
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- 43** Nutrition and lifestyle intervention in type 2 diabetes: pilot study in the Netherlands showing improved glucose control and reduction in glucose lowering medication

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