

Supplementary table 2. Parents/caregivers' and other adults' frequency of engaging in salt-related behaviours

Behaviour	Parents/caregivers of a child/children <18 years of age (n=840)	Other participants (n=1558)
How often do you add salt to your food at the table?		
Always/often (%)	28	22
Sometimes (%)	25	23
Rarely/never (%)	46	54
Don't know* (%)	1	1
In the food you eat at home, how often is salt added during cooking?		
Always/often (%)	39	35
Sometimes (%)	28	24
Rarely/never (%)	32	39
Don't know* (%)	1	1
Do you place a salt shaker on your table at meal times?		
Always/often (%)	29	26
Sometimes (%)	20	20
Rarely/never (%)	50	53
Don't know* (%)	1	1
Looked at a food label to check the salt/sodium content of a food item		
Always/often (%)	31	30
Sometimes (%)	27	25
Rarely/never (%)	41	42
Does not apply to me* (%)	1	3
Avoided eating packaged, ready-to-eat foods		
Always/often (%)	45	49
Sometimes (%)	30	26
Rarely/never (%)	23	22
Does not apply to me* (%)	2	3

Used spices/herbs instead of salt when cooking		
Always/often (%)	54	53
Sometimes (%)	25	26
Rarely/never (%)	18	18
Does not apply to me* (%)	3	3
Avoided eating food from fast food restaurants (e.g. McDonalds, KFC, Pizza Hut)		
Always/often (%)	50	51
Sometimes (%)	27	25
Rarely/never (%)	21	21
Does not apply to me* (%)	2	3
Avoided eating from an Asian style restaurant or takeaway store (i.e. Chinese, Thai, Indian)		
Always/often (%)	33	34
Sometimes (%)	32	30
Rarely/never (%)	32	33
Does not apply to me* (%)	3	3
Purchased foods labelled ‘no added salt’, ‘salt reduced’ or ‘reduced sodium’		
Always/often (%)	39	36
Sometimes (%)	30	32
Rarely/never (%)	29	30
Does not apply to me* (%)	2	2
When eating out, asked to have your meal prepared without salt		
Always/often	16	10
Sometimes	13	10
Rarely/never	69	76
Does not apply to me* (%)	2	4
Are you trying to cut down on the amount of salt you eat?		
Yes (%)	48	39
No (%)	47	56
Don't know* (%)	5	6

*Response option excluded from analysis due to a low number of participants selecting this option