

Survey Questionnaire

Nutrition Education in Medical School

All information provided will be treated exclusively confidential and for research purposes only

Basic Information

1. Age
2. Nationality (country)
3. Current Year of study?
4. Medium of instruction of study.
English Chinese Other (Specify)

Perceived significance of nutrition

5. Do you agree that nutrition plays a role in maintaining good health?
Strongly disagree Disagree Agree Strongly agree
6. Do you agree that nutrition plays a role in the development of disease?
Strongly disagree Disagree Agree Strongly agree
7. Do you believe nutrition plays a role in the management of disease?
Yes No Not sure
8. On a scale of 1-5, with 1 being not important and 5 being very important, score the importance of nutrition in your medical school

Country-specific Nutrition situation

9. How important is nutrition considered in your home country?
Very Important Important Not so important Not sure
10. What nutrition related diseases/conditions are prevalent in your country?

11. With your current knowledge level, can you confidently handle these cases (in 24) by the time you complete your medical education?

Yes No Not sure

12. How frequently are you asked about nutrition or nutrition related questions by people because you are a medical student?

Very often Often Rarely Never

13. Are there any specific general dietary/nutrition guidelines or recommendations in your country?

Yes No Not aware

14. Can you name any specific ones?

Nutrition component of school Curriculum

15. Do you think practitioners of your profession should have more knowledge about nutrition?

Strongly disagree Disagree Agree Strongly agree

16. How many teaching hours have you received on nutrition or nutrition related topics in the past academic year?

None 1-2 3-4 5-6 7-8 9-10 Above 10

17. Would you say the current teaching/training you've received in nutrition is enough for your learning needs?

Yes No Not sure

18. Do you think you've been prepared enough to offer guidance/advice to your patients about nutrition and diets in relations to health and diseases?

Strongly disagree Disagree Not sure Agree Strongly agree

19. Does school offer practice training for nutrition course/topics?

Yes No

20. Is the nutrition course/topics required or elective?

21. Would you welcome more nutrition education/knowledge?

Yes No Not sure

22. What are your expectations in the area of nutrition education?

23. What kind of benefit do you want to get from nutrition education of your curriculum?

24. How do you think more teaching on nutrition can be incorporated into you curriculum/syllabus?

Perceived general nutritional knowledge

25. What general nutrition guidance/recommendations do you know about each of these categories of people?

i. Pregnant women

ii. Lactating mothers

iii. Infants 0-6months

iv. Diabetics

v. Hypertensives

vi. Overweight and Obesity

vii. Under-nutrition (wasting/Marasmus)**26. Please rate your overall ability and confidence to give advice/guidance about nutrition?**

Not confident at all Not very confident Somewhat confident
Very confident Extremely confident

27. When you become a doctor, do you think your patients would expect you to have an understanding of nutrition?

Yes No Maybe

28. Where do you see boundaries in clinical implementation of nutrition?

Time Awareness Not relevant Lack of interest
Lack of staff others