

## Appendix 1

**Table A1. Availability of data associated with the "5-2-1-0" recommendations for the GSHS surveys carried out in sub-Saharan Africa since 2003**

Country	Year	5 Fruits and vegetables	2 Screen time	1 Physical activity	0 Sugar sweetened beverages
Benin	2016	X	X	X	X
Benin	2009-2010	X	X	X	X
Botswana	2005	X	X	X	
Eswatini	2003	X			
Eswatini	2013	X			X
Ghana	2012	X	X	X	X
Ghana	2007	X	X	X	
Kenya	2003	X	X	X	
Liberia	2017	X	X	X	X
Malawi	2009	X			
Mauritania	2010	X	X	X	X
Mauritius	2017	X	X	X	X
Mauritius	2011	X	X	X	X
Mauritius	2007		X	X	
Mozambique	2015	X	X	X	X
Namibia	2013	X	X	X	X
Senegal	2005	X	X	X	
Seychelles	2015	X	X	X	X
Seychelles	2007	X	X	X	
Sierra Leone	2017		X	X	

Tanzania	2014	X	X	X	X
Tanzania	2006	X	X	X	
Uganda	2003	X	X	X	
Zambia	2004	X	X	X	
Zimbabwe	2013		X	X	