

Appendix 7: Teaching assessment form, used to rate their confidence in educating around nutrition from the template menu

Teaching Kitchen, Kolkata

Unique code		Date	
Participant Name			
Inner Wheel rep		Trained mother	

This should be completed by the participating mothers with the assistance of a team member.

Key



In the table below, circle how confident you feel in relation to your skills in the following areas:

Food handling and overall hygiene				
Cooking skills				
Understanding the importance of a balanced diet				
Retention of knowledge and skills gained				
Ability to explain and teach others				