COVID Symptom Study app developed

24th March 2020: App released in English in the UK

29th March 2020: App released in English and Spanish in the US

29th April 2020: App released in Swedish in Sweden

2nd June 2020: Questionnaire on retrospective dietary supplementation released

31st July 2020: Total app users at data dump: n = 4,396,488

Not eligible: n = 617,543 - BMI < 15 or > 50, age < 16 or > 90, non-male/female sex at birth

App users: n = 3,778,945

Not eligible: n = 1,596,414 - no response to supplements questionnaire

App users: n = 2,182,531

UK app users: n = 1,885,250

Not eligible: n = 1,512,530 - no answer/not tested for COVID-19

UK: 372,720 participants

175,652 supplement users

197,068 non-supplement users

US app users: n = 173,878

Not eligible: n = 128,121 - no answer/not tested for COVID-19

US: 45,757 participants

32,314 supplement users

13,443 non-supplement users

SE app users: n = 123,403

Not eligible: n = 96,030 - no answer/not tested for COVID-19

SE: 27,373 participants

13,422 supplement users

13,951 non-supplement users

Included in final analysis: n = 445,850