Figure 1: Flow diagram showing subjects initially enrolled, intervened, followed up and included in the analyses in the quasi experimental study.

- Pregnant women assessed for eligibility (n=230)
  - Lost follow up (n=11) due to abortion (4) and immigration to another country (7)
  - Intervention group (n=226)
    - Analyzed (n=215)
    - Excluded (n=4)
      - Didn’t consent to participate in the study