

Supplemental Material 8. Clinical Practice Guidelines and/or Resources Used by Nutrition Counselors to Guide Carbohydrate Restricted Eating Patterns	
Clinical practice guidelines or resources used to guide counseling on carbohydrate restricted eating patterns among nutrition counselors (n=46)¹	n (%)
Other	23 (50.0%)
American Diabetes Association (ADA)	22 (47.8%)
Academy of Nutrition and Dietetics (AND)	17 (37.0%)
Michigan Collaborative for Type 2 Diabetes (MCT2D)	6 (13.0%)

1. These are free-text responses to an open-ended question. Participants could have written more than one of the following options. Not all participants responded to survey questions. The denominator for each percentage is the total number of participants who completed the respective question.