

Appendix 1

Table A1. Availability of data associated with the "5-2-1-0" recommendations for the GSHS surveys carried out in sub-Saharan Africa since 2003

| Country | Year | 5 Fruits and vegetables | 2 Screen time | 1 Physical activity | 0 Sugar sweetened beverages |
|--------------|-----------|----------------------------|------------------|------------------------|-----------------------------------|
| Benin | 2016 | X | X | X | X |
| Benin | 2009-2010 | X | X | X | X |
| Botswana | 2005 | X | X | X | |
| Eswatini | 2003 | X | | | |
| Eswatini | 2013 | X | | | X |
| Ghana | 2012 | X | X | X | X |
| Ghana | 2007 | X | X | X | |
| Kenya | 2003 | X | X | X | |
| Liberia | 2017 | X | X | X | X |
| Malawi | 2009 | X | | | |
| Mauritania | 2010 | X | X | X | X |
| Mauritius | 2017 | X | X | X | X |
| Mauritius | 2011 | X | X | X | X |
| Mauritius | 2007 | | X | X | |
| Mozambique | 2015 | X | X | X | X |
| Namibia | 2013 | X | X | X | X |
| Senegal | 2005 | X | X | X | |
| Seychelles | 2015 | X | X | X | X |
| Seychelles | 2007 | X | X | X | |
| Sierra Leone | 2017 | | X | X | |

| | | | | | |
|----------|------|---|---|---|---|
| Tanzania | 2014 | X | X | X | X |
| Tanzania | 2006 | X | X | X | |
| Uganda | 2003 | X | X | X | |
| Zambia | 2004 | X | X | X | |
| Zimbabwe | 2013 | | X | X | |